

Fidelity Measurement Tools for Community Mental Health Centers (CMHCs)

SFY2021

Fidelity Instruments (Behavioral Health):

| Instrument | Purpose | Population | Data Pathway | | |
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| | | | Administration | Frequency | Routing |
| Wraparound Fidelity Index – Short Version (WFI-EZ) For Technical Assistance: Diane Gruen-Kidd Diane.Gruen-Kidd@ky.gov (502) 782-6165 | The WFI-EZ is a measure of fidelity to wraparound principles that is less burdensome than the full WFI interview protocol. The forms consist of four sections: Basic information, experiences with wraparound, satisfaction with services, and perception of outcomes. These items can be completed by the respondents themselves at their own convenience, either on paper or online. | Children and youth (up to age 21) with SED who are receiving High Fidelity Wraparound | Kentucky Partnership for Families and Children, Inc. (KPFC) employs family interviewers who contact youth, families, and other wraparound team members to introduce the interview. Interviews may be completed online, face-to-face, by phone or on paper. | Six (6) month cycles | Data will be entered into WrapTrack by KPFC family interviewers and, analyzed by National Wraparound Implementation Center (NWIC) and DBHDID staff. |
| Coaching Observation Measure for Effective Teams (COMET) For Technical Assistance: Diane Gruen-Kidd Diane.Gruen-Kidd@ky.gov (502) 782-6165 | The COMET is a practice-level implementation tool utilized by supervisors and coaches to assess Wraparound practitioners' mastery of the skills necessary to ensure a high fidelity and quality Wraparound process. Scores are used by NWIC coaches to inform coaching and skill development in life and local staff. | Children and youth (up to age 21) with SED who are receiving High Fidelity Wraparound | Local coach observes F2F Family visit and, CFTM, reviews documentation and supervision session, or community visit or call, or other. Scored by NWIC and HFW Coaches. | Once per month/ agency | Review is performed by CMHC staff and HFW Coaches as a part of supervision and coaching. |
| Supervisory Assessment System (SAS) For Technical Assistance: Diane Gruen-Kidd Diane.Gruen-Kidd@ky.gov (502) 782-6165 | The SAS is a system by which a coach assesses a supervisor's ability to collect and analyze data around staff skill sets to identify effective practice skills and linking those skills to the broader practice of wraparound. | | The SAS is used by NWIC and HFW Coaches to determine growth and effectiveness of supervision. | Monthly | Review is performed by National Wraparound Implementation Center and CMHC staff as a part of supervision and coaching. |

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| Seeking Safety Adherence Scale OR Brief Adherence Form <i>Developed by Lisa Najavits (who also developed the Seeking Safety Model)</i> Forms and instructions available from website: www.seekingsafety.org https://www.treatment-innovations.org/assessment.html For Technical Assistance: Maggie Schoeder@ky.gov or Michele Blevins@ky.gov | Seeking Safety is an evidence-based, present-focused counseling model to help people attain safety from trauma and/or substance abuse. It can be conducted in group (any size) and/or individual modality. The Seeking Safety Adherence Scale, Long Version, evaluates a clinician's fidelity based on listening to a full Seeking Safety session (audio, video, or live observation). This long scale is used for research and for high-quality clinical work. | Adults or adolescents with co-occurring trauma and substance abuse (is also used for substance abuse with no identified trauma) Designed for groups. | Supervisor or rater fills out while observing group session either in person or by listening to or watching a tape of a session (audio or video). | Variable depending on program. | Review is performed within the CMHC as a part of supervision. |
| Dartmouth Assertive Community Treatment Scale (DACTS) https://www.mycasat.org/wp-content/uploads/2017/04/act-dacts.pdf https://store.samhsa.gov/shin/content/SMA08-4345/EvaluatingYourProgram-ACT.pdf For Technical Assistance: Kedra Fitzpatrick KedraL.Fitzpatrick@ky.gov (502) 782-6186 | The DACTS (Dartmouth Assertive Community Treatment Scale) is a fidelity assessment that determines the success of the implementation of Assertive Community Treatment, an evidenced based practice, that produces improved client outcomes, including a reduction in psychiatric hospitalizations, arrests, crisis services utilization, an increase in community tenure and other client quality of life outcomes. | Adults with Serious Mental Illness (SMI) and/or Co-occurring Substance Abuse Disorders | DBHDID Adult Branch staff gather ACT data, observe ACT team members as they perform community based interventions, ACT Team Meetings, as well as conduct one to one interviews with ACT Team Leaders, various team members and ACT recipients. | Frequency depending on previous reviews and Performance Improvement Plan | Review is performed by DBHDID Program staff, onsite at the CMHC through the DACTS timeline.. DBH Division Director and DBHDID Leadership |
| Supported Employment Fidelity Scale (formerly known as Individual Placement & Support Fidelity Scale) https://www.ipsworks.org/wp-content/uploads/2014/12/dprc-recovery-through-work-brochure-2014.pdf For Technical Assistance: Jane Oliver Jane.Oliver@ky.gov (502) 782-6182 | The IPS Fidelity Scale measures implementation of the Individual Placement and Support (IPS) model of supported employment for people with severe mental illness. IPS is a specific model of supported employment developed for use in community mental health centers. Studies have suggested its effectiveness in assisting people gain competitive employment (Drake, 1998). Preliminary data suggest that the IPS Fidelity Scale differentiates IPS from other types of vocational programs. | Adults with Serious Mental Illness (SMI) and/or Co-occurring Substance Abuse Disorders. | Assessments provided by DBHDID and/ or their contracted agents. | Technical Assistance may be provided for SE programs by DBHDID or their contracted agents (UK- Human Development Institute). | DBHDID and/ or contracted reviewers complete reviews with CMHC Providers also collecting data and outcomes related to IPS SE through the Department Periodic Reporting Process. |

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| Permanent Supportive Housing Fidelity Scale http://store.samhsa.gov/shin/content/SMA10-4510/SMA10-4510-05-EvaluatingYourProgram-PSH.pdf For Technical Assistance: Jason Bagley Jason.Bagley@ky.gov (502) 564-0824 | The PSH fidelity scale determines how a program measures up to an ideal model of Permanent Supportive Housing, based on ongoing research and expert consensus. Reviewers gather data and conduct interviews from PSH Program Staff and Leadership. | Adults with Serious Mental Illness (SMI) and /or co-occurring substance abuse disorders. | Permanent Supportive Housing program directors with annual submission to DBH . | Assessments are performed annually at a minimum. | CMHCs submit an annual fidelity review utilizing the toolkit to the DBHDID Program Administrator for Permanent Supported Housing. Submitted to Jason.Bagley@ky.gov |
| Consumer Operated Services (COS) Fidelity Scale http://store.samhsa.gov/shin/content/SMA11-4633CD-DVD/EvaluatingYourProgram-COSP.pdf For Technical Assistance: Cheryl Bogarty Cheryl.Bogarty@ky.gov (502) 564-0823 | A fidelity assessment tool, the FACIT, and an outcome evaluation tool, the Peer Outcomes Protocol, have been developed to respond to the informational needs of consumer-operated services. The purpose of the FACIT is 1) identify a set of standard elements common to consumer-operated services and (2) develop a tool to measure the extent to which programs used these common elements or ingredients. | Adults with Serious Mental Illness (SMI) and/or co-occurring substance abuse disorders. | Fidelity Assessments are provided by DBHDID contractors through NAMI Lexington/KYSTARS contract. | Assessments are provided annually at a minimum. | Fidelity data shall be submitted to DBHDID Program Administrator through quarterly reporting requirement in NAMI Lexington/KYSTARS contract. Submitted to Cheryl.Bogarty@ky.gov |